Introduction
- Worked with community partners in Oaxaca, Mexico with the nonprofit CFHI
- Studied the relationship between traditional and Western medicine

Objective of Internship
To study global health indicators and goals through the lens of Mexico’s medical system

Work profile
- CFHI goals: disseminate information about global health goals, ethics, and methods
- Understand the differences between Mexico and the U.S.’s health system

Reflection
- Traditional medicine is a vital part of treatment and healthcare for many individuals in Oaxaca
- Increasing access to healthcare (both western and traditional) remains a critical global health goal.
- Curanderos and Parteras play a vital role in healthcare
- Traditional herbs and plants are used to treat a variety of diseases

Objective of Internship
To study global health indicators and goals through the lens of Mexico’s medical system

Presentation on the importance of traditional medicine
• Different herbs are used to treat different conditions in different communities

Looking ahead
- Understanding the importance of traditional medicine will help me be a more culturally competent doctor in the future.

Questions
- Does traditional medicine play as large a role in other regions of Mexico as it does in Oaxaca?
- How can CFHI and other non-profits advocate for the practice of traditional medicine?

Conclusion
• Mexico’s health system is incredibly complex, and relies on a combination of western and traditional medicine

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