Introduction

- Weekly peer-reviewed general medical journal founded in 1823.
- Publishes original research articles, review articles, editorials, book reviews, correspondence, and commissions.
- Global health and policy focus.

Reflection

- My main responsibility was conducting research on peer reviewer gender and origin country demographics.
- *The Lancet* focuses on health equity, justice, and action—fair gender and country representation is essential for equal opportunity for minority populations in medicine and research, such as women and low-income country scientists.
- My findings will be used as qualitative evidence for supporting gender and country diversity among the journal’s selected peer reviewers.

- I especially enjoyed reviewing and editing a Lancet commission on nutrition and environment. It was exciting to make a small contribution to a future landmark study in an area of research I’m passionate about.
- Lancet staff are incredibly open to interns—I was encouraged to comment on manuscripts and pitch editorial ideas during meetings. I even had the opportunity to write an editorial leader for a weekly issue after one of my pitch topics was selected!
- I’m grateful to have had the opportunity to work with such a dynamic community of people, and for a journal at the forefront of healthcare advocacy and global health. I learned how effective medical publishing can influence clinical practice. I learned how science writing requires thinking like a physician and a journalist by maintaining scientific rigor and humanity while finding topics that speak to a larger audience.

Objective of Internship

- Learn about medical publishing by working with the editorial team.
- Complete research project with a Senior Editor mentor.
- Contribute original writing to the journal.

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Work profile

- Conducted research on gender and demographic composition of Lancet peer reviewers.
- Edited a Lancet commission on nutrition and environment.
- Wrote editorial on Thailand cervical cancer prevention program.
- Recorded a psychology podcast.
- Researched and pitched editorial ideas.
- Attended manuscript and editorial meetings.

Looking ahead

- I hope to further integrate my interests in writing and medicine through anthropological and clinical research during junior/senior year and during my glide year before medical school.

Questions

- How can published healthcare content be more effectively translated into clinical and political action?
- How are other scientific journals addressing minority author and peer reviewer representation?

Conclusion

- *The Lancet* internship was an opportunity to learn how medical publishing is the intersection between ideas, communication, and clinical practice.

Acknowledgements

- Thank you to my mentors, Tamara Lucas and Jocalyn Clark. Thank you to CHW and IIP for making this summer possible.