Introduction
• I spent 10 weeks this summer working in the Strategic Planning Department at Montefiore Health System, based in the Bronx, NY.
• Montefiore is a rapidly expanding healthcare provider currently working on new acquisitions, partnerships and restructuring efforts which I contributed to.

Objective Internship
Support the projects of the Strategic Planning Department at Montefiore.

Work Profile
• Supported a variety of projects by researching key ambiguities in each project
• Accessed city and state health datasets and utilized excel to gain insights into the local market
• Reviewed recent literature to gain insights into current best practices in healthcare to assist in planning efforts.

Responsibilities
Research and Literature Reviews
• Top Neurosurgery Performers
• Geriatric EDs
• Pediatric Infusion Centers
• Integrated or collocated Medical and Nursing Schools
• Preventable ED visits
• Congenital Defect Rates among healthy mothers
• Residential Substance Abuse Treatment in NYC Metro Area

Other Responsibilities and Experiences
• Mapping and profiling services
• Assisting creation of market model by cleaning data and performing literature reviews
• Review and edit documents
• Took notes for meetings with team and hospital leaders
• Attended Medicare conference hosted by New York Academy of Medicine
• Shadowed two physicians

Reflection
• Had the opportunity to work on a variety of concurrent projects, contributing to many of the current projects in the Strategic Planning Department
• Developed a great understanding of healthcare from a higher level.
• Developed research skills, and learned advanced techniques in Excel and PowerPoint.

Looking Ahead
• This internship has made me more interested in Strategic Planning especially in the realm of healthcare.
• I’ll be looking for ways to incorporated planning into my future career as a physician.

Conclusion
• Interning in the Montefiore Strategic Planning Department was a great experience that gave me lots of insight into strategy and healthcare.

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