CATCH Global Foundation
Summer 2020 Internship

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Introduction

- CATCH provides research-backed health education resources to schools and communities
- Currently implemented in over 10,000 schools nationwide
- My internship was with the organization’s CATCH My Breath Program, which provides schools with anti-vaping coursework and resources

Internship Responsibilities

- Compiled existing research on vaping and oral health
- Reviewed and updated presentations
- Managed client data
- Evaluated CATCH curriculum against CDC health education standards
- Assisted in the promotion of CATCH’s Service Learning Projects, which provide students with opportunities to advocate against vaping in their own communities

Reflection and Takeaways

- Assisting with practical work that touched on the many layers of maintaining a non-profit gave me new insight into organization, presentation, and communication.
- Conversations with my supervisors and other members of the CATCH team left me with a much clearer understanding of how large interest groups, like the tobacco industry, act against public health
- Through these conversations, and through day-to-day work, I gained a much clearer understanding of what it takes to structure an organization around the achievement of a goal in public health.

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