Interning at the Office of **Former Senate Majority Leader Bill Frist**

**Introduction**
- Acted as personal assistant to Sen. Frist
- Sen. Frist is a major figure in the American healthcare industry and was one of the architects of PEPFAR in the Senate. He is always looking for ways to make healthcare more accessible and to support medical innovation

**What did I want out of my internship?**
- I’d done quality-of-life research before, but I’m more interested in the policy side of things than the medical
- I wanted to look under the hood of the American healthcare industry, and see what the private sector is doing to address its major issues
- Find out: can I make a real difference in people’s lives by studying health policy?

**Things that I did:**
- Researched and drafted five Forbes articles to be published by the Senator in the coming weeks
- Managed the Senator’s social media and created graphics
- Sat in on conferences and took notes on the inner workings of the healthcare industry
- Proofread and edited documents including a full-length historical narrative, a McKinsey report on high hospital bills, among others

**Looking back on it...**
- I was able to hone my writing skills in an applied setting specific to my field of interest
- I learned how to frame persuasive writing towards audiences of a variety of backgrounds and political persuasions
- I found out that I can thrive and have fun in a collaborative office environment while being productive. This makes me more confident that I might one day be able to enjoy a career in the field
- I watched the top minds in the U.S. healthcare industry discuss how to make hospital visits more affordable for patients – extremely fascinating!
- I become more familiar with business and economics, neither of which I had much background in beforehand
- I connected with so many wonderful people who were happy to answer my questions and give me advice. I hope to see them all again someday!

**...And looking ahead...**
I now understand that health policy is in fact one of the best ways to improve people’s lives – Senator Frist and many others I met this summer have dedicated their careers to doing exactly that.

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