Non-Communicable Disease: Prevention is the Name of the Game

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Introduction
• Non-Communicable Diseases account for 70% of all deaths globally, more than all other causes combined.
• Four main types: cardiovascular diseases, cancers, diabetes and chronic lung diseases.
• 86% of deaths from NCDs are in low- and middle-income countries.

Objective of the Study
Develop official Peace Corps strategy to combat NCDs.

Questions
• What is the general understanding of Peace Corps volunteers?
• To what extent can Peace Corps Volunteers work to prevent NCDs?

Methods
• Data analysis of Peace Corps volunteer activities.
• Literature review of work by other organizations.
• Write Peace Corps strategy for volunteers to follow.

Results
• There are many policy efforts but few direct actions to combat NCDs.
• World Health Organization Standards
• Role of prevention in NCD work

Discussion
• Death count will continue to grow if NCDs are left unchecked.
• While policy updates and recommendations are important, the physical efforts to address NCDs must take a larger role in NCD prevention.

Conclusion
• The key to NCD efforts is prevention through efforts addressing youth and adolescent habits and lifestyles.
• Peace Corps volunteers can work on prevention through after-school programs, mothers groups, and community outreach.
• NCD work can be integrated into many pre-existing programs with a simple additional emphasis on the importance of NCD prevention at a young age.

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